



Yvonne van Vlerken Triathlete



Highlights from 2002 and on

2019

1st Half Marathon Oberriet (Switzerland) (1h.20min.)
 1st Marathon Leipzig (Germany)
 3th Challenge Cancun (Mexico)
 1st Frauenlauf Bregenz (austria) 1st Kirchbichl Olympic (austria)
 1st Dresden (Germany)
 1st Dutch Championship Half Marathon Klazienaveen (Holland)
 1st Leipziger Triathlon (Germany)
 1st 5150 IM Maastricht
 1st Jannersee Triathlon
 1st Challenge Almere-Amsterdam (European & Dutch Champion, 17th time sub 9 hours)

2018

5th Challenge Roma
 1st Challenge Mogan Gran Canaria
 1st Challenge Riccione
 3rd IM 70.3 Kraichgau
 2nd Challenge Heilbronn
 1st Dresden City Triathlon
 5th Challenge Roth
 1st Leipziger Triathlon
 1st Ironman Maastricht
 3rd Challenge Turku
 1st Challenge Almere-Amsterdam
 3rd IM Barcelona
 1st Challenge Kanchanaburi

2017

1st Duathlon Lanzarote
 1st Challenge Wanaka Time 9:15:00 & Course record!
 1st Chin Min Triathlon
 2nd IM 70.3 St. Polten
 1st Women run Austria
 2nd IM 70.3 Kraichgau
 1st Dresden City Triathlon
 3rd Challenge Roth
 1st Mostiman AUT Course record
 1st Leipzig Triathlon Course record
 2nd Challenge Prague
 2nd Challenge Turku
 1st Jannersee
 1st Transvorarlberg
1st Challenge Almere
EUROPEAN CHAMP 1st/ Course record
 1st IM Barcelona Course record
 3rd Challenge Mallorca
 3rd Laguna Phuket Triathlon

2016:

1st Challenge Wanaka (New Zealand)
 1st Challenge Rimini (Italy)
 1st Challenge Turku (Finland)
 1st Challenge Aruba (Caribbean)
 1st Half marathon 1:17:14"
 2nd Ironman 70.3 Kraichgau (Germany)
 2nd Ironman 70.3 St. Pölten (Austria)
 2nd IRONMAN Arizona (US)
 2nd Challenge Fredericia (Denmark)
 2nd Half marathon 1:17:24"
 3rd Challenge Roth.

2015:

1st Challenge Roth
 1st Ironman Maastricht/Netherlands
 1st Ironman Barcelona/Spain
 2nd Ironman Melbourne
 2nd IM 70.3 Rügen
 2nd IM 70.3 Mandurah
 2nd IM 70.3 Ballarat
 2nd Challenge Shepparton
 3th IM 70.3 Mallorca /Spain
 3th Ironman WA Australia

2014:

1st Ironman Florida
 1st Challenge Walchsee
 1st Ironman 70.3 Rügen

2013:

2nd Challenge Roth
 2nd Abu Dhabi Triathlon
 1st Ironman Florida 8.43.07 (New personal best and New Course record!)
 1st Challenge Kraichgau
 1st Half Triathlon Stein (Netherlands)
 2nd Ironman Melbourne
 1st Challenge Walchsee (Austria)
 1st 1/2 Marathon, Leipzig 1.17.15" (New personal best!)
 2nd IM 70.3 Mallorca
 4th Ironman World Championships Hawaii

2012:

1st Ironman Florida (course record 8.51.™)
 2nd Ironman 70.3 Galveston (U.S Championships)
 1st Olympic Triathlon Curacao
 1st Transvoralberg Triathlon
 3th Ironman 70.3 Cozumel
 2nd Ironman 70.3 Austin

2011:

1st Challenge Kraichgau
 1st Challenge Walchsee/Austria
 3th Ironman 70.3 New Orleans
 2nd Speedman Triathlon München
 4th Ironman Frankfurt (European Championships)
 4th Ironman 70.s Wiesbaden (European Championships)

2010:

1st Ironman Cozumel
 1st Challenge Walchsee/ Austria
 1st & European Champion Ironman 70.3 (Wiesbaden/Germany)
 1st Ironman 70.3 St. Pölten/Austria
 3th Ironman Frankfurt (European Championship)
 7th Ironman Hawaii (World Championship)

2009:

2nd Frankfurter Sparkasse Ironman Germany (European champ.)
 1st Ironman 70.3 Wiesbaden
 1st Ironman Cozumel (Mexico)
 2nd Ironman 70.3 Geelong (AUS)
 1st Duathlon Marbach
 1st Triathlon Jannersee
 1st European & Dutch Championship Powerman (Duathlon).

2008:

1e Quelle Challenge Roth/ Ger ("Ironman-distance")
 8:45:48 World record Triathlon "Ironman-Distance"
 1e Ironman 70.3 Austria/ Aut
 2e Ironman Malaysia/ My
 Dutch Champion Duathlon
 1e International Duathlon Lanzarote/ Esp.
 2nd Ironman Hawaii (World Championship)
 1st Ironman 70.3 Austria/ Aut

2007:

1e QC Roth (long distance) 8.51.55" -1 min. above the world record.
 1e Triathlon Almere & Dutch Champion -8.57.54"
 2e Ironman 70.3 Antwerpen
 3e WK Duathlon Richmond/Virginia USA
 2e Duathlon Lanzarote
 3e WK Powerman Horst + Dutch Champion
 1e Duathlon Bastendorf
 1e Triathlon Gemunde Germany
 1e Duathlon Bath Haring Austria
 1e NK triathlon

2006:

IM 70.3 Antwerpen 4:07.29 (World record Half-distance.)
 1e Duathlon Lanzarote
 Europees kampioen Powerman Venray/ Horst + Nederlands Kampioen
 Wereld Kampioen Duathlon long Distance Fredericia/

Denmark

1e Duathlon Lelystad
 1e Triathlon Brasschaat Belgium (Belgian Championship)
 Winner 70.3 IRONMAN Antwerpen
 1e Duathlon Grevenmacher (Lux.) (3 time winner 2004/5 en 6)
 1e Duathlon Kasterlee (Belgium)
 Dutch Champion Duathlon (short) 5th Dutch titel
 5e WK Ironman 70.3 Florida (USA)
 Thea Sybesma Award (best triathlete 2006)
 Sportswoman of the year 2006

2005:

1e Duathlon lanzarote
 2e EK Powerman Venray / 1e Dutch
 3e Powerman Weiswampach (Lux.)
 1e Triathlon Woerden
 5e WK Duathlon (Italië)
 1e Duathlon Lelystad + parcoursrecord!
 2e Powerman geel , Belgium
 1e ½ triathlon Brasschaat Belgium
 1e Triathlon Oud- Gastel
 1e Triathlon Aarschot (Belgium) + parcoursrecord
 Winnares ½ marathon Davos (Zwitserland)
 4e WK Triathlon Long Distance Fredericia / Denmark
 1e Triathlon Weiswampach (Lux.)
 1e Triathlon Aalsmeer
 1e Duathlon Grevenmacher (Lux.)
 1e NK Duathlon
 Winner Zuiderster Loopserie
 Sportswoman of the year 2005

2004:

4e EK Powerman Venray / 3e NK
 Winner Powerman Weiswampach (Lux.)
 1e Triathlon Aarschot
 2e WK Duathlon (Fredericia/ Denmark)
 1e ½ triathlon Leiderdorp
 1e triathlon Heerjansdam
 1e Duathlon Grevenmacher Lux. (Lux. Kampioenschap)
 1e Triathlon Spijkenisse
 Winner Dutch Championship Duathlon
 ½ marathon Breda PR. 1.17.34" 2e Dutch!
 Sportswoman of the year 2004

2003

7e Powerman Venray
 2e ½ Triathlon Kruijningen
 2e ½ Triathlon Nieuwkoop NK
 1e Triathlon Woerden
 1e Triathlon Noordwijkerhout + parcoursrecord!
 1e Triathlon Oud- Gastel
 1e ½ Triathlon Leiderdorp
 1e Triathlon Heerjansdam
 1e Triathlon Binnenmaas
 1e Triathlon Spijkenisse
 2e strandrace ATB De panne/ BelgiumP

2002

1e kwart triathlon Veenendaal
 2e NK Duathlon Molenschot



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Website: www.yvonnevanvlerken.eu

For any kind of requests and general contact you may reach Yvonne's management as follows:

management@yvonnevanvlerken.eu