



Yvonne van Vlerken Triathlete



Highlights from 2002 and on

2016:

- 1st Challenge Wanaka (New Zealand)
- 1st Challenge Rimini (Italy)
- 1st Challenge Turku (Finland)
- 1st Challenge Aruba (Caribbean)
- 1st Half marathon 1:17:14"
- 2nd Ironman 70.3 Kraichgau (Germany)
- 2nd Ironman 70.3 St. Pölten (Austria)
- 2nd IRONMAN Arizona (US)
- 2nd Challenge Fredericia (Denmark)
- 2nd Half marathon 1:17:24"
- 3rd Challenge Roth.

2015:

- 1st Challenge Roth
- 1st Ironman Maastricht/Netherlands
- 1st Ironman Barcelona/Spain
- 2nd Ironman Melbourne
- 2nd IM 70.3 Rügen
- 2nd IM 70.3 Mandurah
- 2nd IM 70.3 Ballarat
- 2nd Challenge Shepparton

- 3th IM 70.3 Mallorca /Spain
- 3th Ironman WA Australia

2014:

- 1st Ironman Florida
- 1st Challenge Walchsee
- 1st Ironman 70.3 Rügen

2013:

- 2nd Challenge Roth
- 2nd Abu Dhabi Triathlon
- 1st Ironman Florida 8.43.07 (New personal best and New Course record!)
- 1st Challenge Kraichgau
- 1st Half Triathlon Stein (Netherlands)
- 2nd Ironman Melbourne
- 1st Challenge Walchsee (Austria)
- 1st 1/2 Marathon, Leipzig 1.17.15" (New personal best!)
- 2nd IM 70.3 Mallorca
- 4th Ironman World Championships Hawaii

2012:

- 1st Ironman Florida (courserecord 8.51.)
- 2nd Ironman 70.3 Galveston (U.S Championships)
- 1st Olympic Triathlon Curacao
- 1st Transvorarlberg Triathlon
- 3th Ironman 70.3 Cozumel
- 2nd Ironman 70.3 Austin

2011:

- 1st Challenge Kraichgau
- 1st Challenge Walchsee/Austria
- 3th Ironman 70.3 New Orleans
- 2nd Speedman Triathlon München
- 4th Ironman Frankfurt (European Championships)
- 4th Ironman 70.s Wiesbaden (European Championships)

2010:

- 1st Ironman Cozumel
- 1st Challenge Walchsee/ Austria
- 1st & European Champion Ironman 70.3 (Wiesbaden/Germany)
- 1st Ironman 70.3 St. Pölten/Austria
- 3th Ironman Frankfurt (European Championship)
- 7th Ironman Hawaii (World Championship)

2009:

- 2nd Frankfurter Sparkasse Ironman Germany (European champ.)
- 1st Ironman 70.3 Wiesbaden
- 1st Ironman Cozumel (Mexico)
- 2nd Ironman 70.3 Geelong (AUS)
- 1st Duathlon Marbach
- 1st Triathlon Jannersee
- 1st European & Dutch Championship Powerman (Duathlon).

2008:

1e Quelle Challenge Roth/ Ger ("Ironman-distance")

8:45:48 World record Triathlon "Ironman-Distance"

1e Ironman 70.3 Austria/ Aut

2e Ironman Malaysia/ My

Dutch Champion Duathlon

1e International Duathlon Lanzarote/ Esp.

2007:

1e QC Roth (long distance) 8.51.55" -1 min. above the worldrecord.

1e Triathlon Almere & Nederlands kampioen - 8.57.54"

2e Ironman 70.3 Antwerpen

3e WK Duathlon Richmond/Virginia USA

2e Duathlon Lanzarote

3e WK Powerman Horst + Dutch Champion

1e Duathlon Bastendorf

1e Triathlon Gemunde Germany

1e Duathlon Bath Haring Austria

1e NK triathlon

2006:

1e Duathlon Lanzarote

Europees kampioen Powerman Venray/ Horst + Nederlands Kampioen

Wereld Kampioen Duathlon long Distance

Fredericia/ Denmark

1e Duathlon Lelystad

1e Triathlon Brasschaat Belgium (Belgian Championship)

Winner 70.3 IRONMAN Antwerpen

1e Duathlon Grevenmacher (Lux.) (3 time winner 2004/5 en 6)

1e Duathlon Kasterlee (Belgium)

Dutch Champion Duathlon (short) 5th Dutch titel

5e WK Ironman 70.3 Florida (USA)

Thea Sybesma Award (best triathlete 2006)

Sportswoman of the year 2006

2005:

1e Duathlon lanzarote

2e EK Powerman Venray / 1e Dutch

3e Powerman Weiswampach (Lux.)

1e Triathlon Woerden

5e WK Duathlon (Italië)

1e Duathlon Lelystad + parcoursrecord!

2e Powerman geel , Belgium

1e ½ triathlon Brasschaat Belgium

1e Triathlon Oud- Gastel

1e Triathlon Aarschot (Belgium) + parcoursrecord

Winnares ½ marathon Davos (Zwitserland)

4e WK Triathlon Long Distance Fredericia / Denmark

1e Triathlon Weiswampach (Lux.)

1e Triathlon Aalsmeer

1e Duathlon Grevenmacher (Lux.)

1e NK Duathlon

Winner Zuiderster Loopserie

Sportswoman of the year 2005

2004:

4e EK Powerman Venray / 3e NK

Winner Powerman Weiswampach (Lux.)

1e Triathlon Aarschot

2e WK Duathlon (Fredericia/ Denmark)

1e ½ triathlon Leiderdorp

1e triathlon Heerjansdam

1e Duathlon Grevenmacher Lux. (Lux.

Kampioenschap)

1e Triathlon Spijkenisse

Winner Dutch Championship Duathlon

½ marathon Breda PR. 1.17.34" 2e Dutch!

Sportswoman of the year 2004

2003

7e Powerman Venray

2e ½ Triathlon Kruiningen

2e ½ Triathlon Nieuwkoop NK

1e Triathlon Woerden

1e Triathlon Noordwijkerhout + parcoursrecord!

1e Triathlon Oud- Gastel

1e ½ Triathlon Leiderdorp

1e Triathlon Heerjansdam

1e Triathlon Binnenmaas

1e Triathlon Spijkenisse

2e strandrace ATB De panne/ BelgiumP

2002

1e kwart triathlon Veenendaal

2e NK Duathlon Molenschot



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